PANJAB UNIVERSITY, CHANDIGARH

Date-sheet for M.A.(Yoga)–1st & 3rd SEMESTER (Regular/Reappear) Examination to be held in *December - 2025*

(THEORY EXAMINATIONS)

DATE&DAY	PAPER	SUBJECT/CODE.NO.		
1 st SEMESTER (Exam .Code: 0221)				
Time of Examinations: 1.30p.m. to 4.30 p.m.				
December-2025				
22 nd , Monday	MAY- 101	Foundation of Yoga (25001)		
24th, Wednesday	MAY- 102	Hatha Yoga Texts-I (25002)		
26 th , Friday	MAY- 103	Human Anatomy and physiology (25003)		
29 th , Monday	MAY- 104	Research Methodology & Statistics (25004)		
3 rd SEMESTER (Exam. Code: 0223)				
Time of Examinations: 9.30a.m. to 12.30 p.m.				
December-2025				
22 nd , Monday	MAY-301	Major Upnishad and Bhagawad Geeta (25010)		
24 th , Wednesday	MAY-302	Yoga Therapy Management (25011)		
26 th , Friday	MAY-303	Principles of Naturopathy (25012)		
29 th , Monday	MAY-304 A	Yogic Psychology (25013		

- 1. THE CANDIDATES ARE NOT PERMITTED TO CARRY ANY COMMUNICATION EQUIPMENT SUCH AS MOBILE PHONE/PAGER, WIRELESS SET, SCANNER PEN SCANNER/ CAMERA OR ANY SUCH ELECTRONIC/DIGITAL GADGET ETC. INSIDE THE EXAMINATION HALL WHICH IS PUNISHABLE WITH DISQUALIFICATION FOR PERIOD OF TWO YEARS WITH THE SUBSEQUENT EXAMINATION.
- 2. IN CASE OF CLASH WITH OTHER UNIVERSITY/EXAM & MEDICAL CASES THE CANDIDATE HAS TO SEND HIS/HER EMAIL ALONG WITH ADMIT CARDS OF BOTH CLASSES REGARDING THIS ISSUE TO drexams@pu.ac.in.
- 3. APPLICATION FOR THE CLASH CASES (IF ANY) WILL BE ENTERTAINED ONLY UPTO 10 DAYS FROM THE DATE OF EXAMINATION.

CENTER OF EXAMINATION		
1.	Chandigarh-27	D.A.V. College, Block-IV, Sector-10

Chandigarh: 160014 Dated: 14.11.2025 Prof. Jagat Bhushan Controller of Examinations