

PANJAB UNIVERSITY, CHANDIGARH

Date-sheet for **M.A. (Yoga) – 2nd & 4th SEMESTER (Regular/Reappear)**
Examination to be held in *May - 2026*

(THEORY EXAMINATIONS)

DATE & DAY	PAPER	SUBJECT/CODE. NO.
2nd SEMESTER (Exam. Code: 0222)		
Time of Examinations: 2.00 p.m. - 5.00 p.m.		
MAY - 2026		
21 st Thursday	MAY – 201	Indian Philosophy (25005)
23 rd Saturday	MAY – 202	Hatha Yoga Texts – II (25006)
26 th Tuesday	MAY – 203	Patanjal Yog Sutras (25007)
29 th Friday	MAY – 204A	Fundamental Principles of Yoga Therapy (25008)
4th SEMESTER (Exam. Code: 0224)		
Time of Examinations: 9.30 a.m. - 12.30 p.m.		
MAY - 2026		
25 th Monday	MAY – 401	Yoga Upanishad and Yoga Vasishtha (25015)
28 th Thursday	MAY – 402	Complementary and Alternative Therapy (25016)
30 th Saturday	MAY – 404A	Teaching Methodology in Yoga (25018)

Note:

- The candidates are not permitted to carry any communication equipment such as mobile phone/pager, wireless set, scanner pen scanner/camera or any such electronic/digital gadget etc. inside the examination hall which is punishable with disqualification for period of two years with the subsequent examination.
- In case of internal clash (clash of one paper with any other paper in the date sheet of Panjab University)/NCC/NSS, candidate has to apply along with the clash performa (<https://exams.puchd.ac.in/includes/noticeboard/2026/20260406115746-clashperformaforinternalclash.pdf?2026>) either by hand or by email datesheet@pu.ac.in within 10 days of examination. No application will be entertained without performa. For detailed information please contact 0172-2534810/2541303/2534812
- In case of clash with other university exam/competitive exam or any other valid reason (subject to approval of eligibility by examination branch) or in medical case the candidate has to send his/her email along with admit card, medical performa and other relevant proofs (<https://exams.puchd.ac.in/includes/noticeboard/2025/20251031175404-circularsandofmedicalform.pdf?2025>) in medical case issue to drexams@pu.ac.in
- Regarding conduct of special exams under sports/medical/left out categories, guidelines of notification No. 7779-82/DRE dated 22.11.2023 and circular No. 4285-88/DRE dated 11.07.2024 and medical form available at the link <https://exams.puchd.ac.in/includes/noticeboard/2025/20251031175404-circularsandofmedicalform.pdf?2025> may be followed.
- Regarding Guideline of clarification of exam fee from Medical /Left out students. <https://exams.puchd.ac.in/includes/noticeboard/2026/20260407120622-a.pdf?2026>
- Candidates are advised to be in touch with the official website of Panjab University for notifications regarding change/correction (if any) in the date sheet till the conclusion of the examinations.

Chandigarh: 160014
Dated: 26.04.2026

Prof. Jagat Bhushan
Controller of Examinations

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